

PRENATAL MEDICATION LIST

HEADACHES, ACHES & PAIN

Tylenol
Extra Strength Tylenol
Heating Pain/Hot water bottle

COUGH

Delsym (after 1st trimester)
Mucinex (after 1st trimester)
Robitussin (before 20 weeks)
Robitussin-DM (after 20 weeks)

ALLERGIES

Benadryl
Claritan (after 1st trimester)
Zyrtec (after 1st trimester)

INDIGESTION/HEARTBURN

Tums
Zantac
Mylanta
Maalox

DIARRHEA

Immodium AD

YEAST INFECTION

Monistat or Gyne-Lotrimin

RASH

Benadryl cream
Caladryl lotion/cream
Hydrocortison cream/ointment
Aveeno bath oats

COLD & SINUS

Neti pot
Tylenol
Nasal saline drops/spray
Warm salt gargles

SORE THROAT

Any throat lozenges
Chloroseptic Spray
Warm Salt Gargles

NAUSEA

Emetrol
Unisom
Benadryl
Ginger

CONSTIPATION

Metamucil
Miralax
Colace

Hemorrhoids

Preparation H or Anusol

FIRST AID OINTMENT

Bacitracin/Neosporin/Polsporin